

## Useful Contacts

**Forced Marriage Unit** - Foreign and Commonwealth Office, advice guidance in all issues relating to Forced marriage. Always happy to offer advice in honour situations. Also provide assistance to those who have been forced into marriage overseas or those at risk of being forced into marriage.

t. 0207 7008 0151 (9am - 5pm) or 0207 008 1500 (out of hours emergency)

[www.fco.gov.uk/forcedmarriage](http://www.fco.gov.uk/forcedmarriage)

email: fmu@fco.gov.uk

**Karma Nirvana** - an honour network helpline offers confidential emotional and practical advice and support for male and female victims and survivors of honour based violence, abuse and forced marriage. Also happy to offer good advice to police in honour issues.

t. 0800 5999 247

[www.karmanirvana.org.uk](http://www.karmanirvana.org.uk)

### **Iranian and Kurdish Womens's Rights Organisation IKWRO**

Help, advocacy and support in Kurdish, Arabic, Turkish and Farsi languages.

t. 0207 920 6460 0930 (9am - 5pm) or 07862 733511 (24hrs)

[www.ikwro.org.uk](http://www.ikwro.org.uk)

### **Henna Foundation**

Supports Asian and Muslim women and families fleeing honour-based violence.

t. 0292 049 6920

[www.hennafoundation.org](http://www.hennafoundation.org)

### **Al-Hasaniya Moroccan Women's Project**

Advice and assistance for Moroccan and Arabic Speaking Women

t. 0208 969 2292 (9.30am - 5pm)

[www.al-hasaniya.org.uk](http://www.al-hasaniya.org.uk)

### **The Foundation for Women's Health, Research and Development (FORWARD\_**

Committed to eliminating Female Genital Mutilation (FGM), Child Marriage and other harmful gender-based discriminatory practices

t. 0208 960 4000 (9.30am - 6pm)

[www.forwarduk.org/key-issues/fgm](http://www.forwarduk.org/key-issues/fgm)

### **Southall Black Sisters**

Offers information advice, advocacy and support to black and ethnic minority women experiencing violence, honour based violence and forced marriage.

t. 0208 571 9595 (10am - 5pm)

[www.southallblacksisters.org.uk](http://www.southallblacksisters.org.uk)

## 24hr National Domestic Violence Helpline

Offers information, advice, advocacy and support to black and ethnic minority women experiencing violence, honour based violence and forced marriage. Have access to 24hr refuge accommodation.

t. 0808 2000 247

[www.womensaid.org.uk](http://www.womensaid.org.uk)

## Newham Asian Women's Project

Offer support, advice and refuge for Asian women

t. 0208 472 0528 (general) (9.30am - 5.30pm Mon - Fri)

[www.nawp.org](http://www.nawp.org)

## Ashiana Project

Offers emotional and practical help and accommodation for South Asian, Turkish and Iranian women and children escaping violence

t. 0208 539 0427 / 0208 539 9656

[www.ashiana.org.uk](http://www.ashiana.org.uk)

## SUPPORT FOR CHILDREN

### NSPCC

t. 0808 800 5000 General line

Asian child protection helplines

0800 096 7714 - Bengali

0800 096 7715 - Gujarati

0800 096 7716 - Hindi

0800 096 7717 - Punjabi

0800 096 7718 - Urdu

## Teens @ NAWP - Newham Asian Women's Project

Advice and support specifically for teenagers

t. 0208 472 0528

[www.nawp.org/teens.html](http://www.nawp.org/teens.html)

## Childline

On line and telephone helpline for children to use

t. 0800 1111

[www.childline.org.uk](http://www.childline.org.uk)